SCHOOL SUPPORT:
CENTERING EDUCATOR WELLNESS,
RE-IMAGINING SHARED LEADERSHIP

We're now in our fourth pandemic-affected school year. Teacher turnover is a pressing problem here in DC and across the country. **We need to proactively address educator burnout.** For this, we're tailoring a unique school support package using our whole-school wellness framework to help your team feel empowered and re-invigorated.

**WHAT KIND OF SUPPORT?**

- **Staff Self-Care Support:** Guided all-staff workshops to support educator wellness and decrease burnout
- **Additional Workshops/ Professional Development Topics:**
  Building Relational Trust, Boundary Setting, Strengthening Co-Teacher Relationships, Asset Mapping and Distributive Leadership
- **Surveying and Data:** Using our TEAM survey, we can assess adult culture and educator wellness and target solutions for your school
- **Wellness Plan:** We use survey data and work alongside a wellness team at your school to establish a three tier plan with goals and outcomes for each: Individual self-care and wellness, interpersonal and organizational.
- **Educator Wellness Team:** We help you assemble a staff team dedicated to adult wellness and we work with them to build their knowledge, capacity and expertise to facilitate the implementation of an educator wellness plan.
- **CSP Goals; For DCPS Schools:** We can help you plan and write your "Shared Leadership" CSP Goals and Metrics
- **Staff-Led PD Plan:** We help you create a plan for ongoing staff-led professional development
- **Ongoing Follow-Up Support**

For details, scheduling and questions- gracy@weareempowered.org
SCHOOL SUPPORT: CENTERING EDUCATOR WELLNESS, DECREASING STAFF BURNOUT

CHOOSE FROM THREE WELLNESS PACKAGES:

1. **Educator Wellness Conversation Starter**: Guided all-staff workshop to teach essential self-care practices and decrease professional burnout.

2. **Establishing a Wellness Plan**: Same as above with initial full-staff workshop and support PLUS use of our TEAM Survey. We help distribute the survey, analyze the data and meet with a small group of staff to craft an educator wellness and retention plan for your unique school’s needs.

3. **Ongoing Educator Burnout Prevention Support**: Two to Three all-staff educator wellness workshops, use of TEAM staff survey, development of plan & recommendations, support for staff-led PD plan and wellness team coaching for one year.

**Emphasis on the following topics:**
Building Relational Trust, Strengthening Co-Teacher Relationships, Asset Mapping, and Empowering Staff

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